

- Read the Scripture provided to learn God's truth and desire for freedom in your life.
- Confess your behaviors and patterns of sin and ask God to break the stronghold through the power of the Holy Spirit and give you Freedom.

We gain freedom by renouncing and repenting of the sin that has allowed strongholds to develop in our lives. The following is a sample prayer of repentance, renouncing strongholds, and claiming freedom:



Father, I come before you in the name of Jesus. I recognize the power You have given me by the shed blood of Jesus to demolish spiritual strongholds in my life. I confess that I have given a foothold to sin and I renounce the stronghold of I claim the truth of by the authority of the name of Jesus Christ. Through Your power, I take back the ground I surrendered to the enemy. I pray You will enable me to trust and obey Your Holy Spirit so that this area of my life will be in conformity to the image of Christ. Amen.

STRONGHOLD	FREEDOM
<p style="text-align: center;">BITTERNESS</p> <p style="text-align: center;">Examples: resentment, hate, unforgiveness, anger, violence, revenge</p> <p>Lie: I have power and protection when I don't forgive others.</p>	<p style="text-align: center;">FORGIVENESS</p> <p style="text-align: center;">2 Corinthians 5:17-19</p>
<p style="text-align: center;">CONTROL</p> <p style="text-align: center;">Examples: manipulation, lack of trust, worry, seeking recognition</p> <p style="text-align: center;">Lie: I can control my own life.</p>	<p style="text-align: center;">SURRENDER</p> <p style="text-align: center;">Matthew 16:24-25</p>

<p style="text-align: center;">IDOLATRY</p> <p>Examples: selfishness, greed, apathy, pride, stubbornness, vanity, materialism</p> <p>Lie: If I just had a little more, I would be content.</p>	<p style="text-align: center;">CONTENTMENT</p> <p>Matthew 6:25-26</p>
<p style="text-align: center;">DESPAIR</p> <p>Examples: hopelessness, self-pity, isolation, addictions, self-harm</p> <p>Lie: Even God has abandoned me.</p>	<p style="text-align: center;">HOPE</p> <p>Psalm 34:17-18</p>
<p style="text-align: center;">JEALOUSY</p> <p>Examples: spitefulness, gossip/slander, betrayal, critical/judgmental spirit</p> <p>Lie: I am entitled to all that I have.</p>	<p style="text-align: center;">GRATEFULNESS</p> <p>1 Chronicles 16:34 Matthew 7:9-11</p>
<p style="text-align: center;">SEXUAL IMMORALITY</p> <p>Examples: lust, seductiveness, fornication, adultery, pornography</p> <p>Lie: I am free to satisfy all of my desires.</p>	<p style="text-align: center;">PURITY</p> <p>Galatians 5:13-16, 19-21 Genesis 2:22-25</p>
<p style="text-align: center;">FALSE TEACHING & RELIGIONS</p> <p>Examples: occult, Ouija board, invoking evil or dead spirits, fortune-telling, astrology, cults</p> <p>Lie: What I believe to be true is more trustworthy than God.</p>	<p style="text-align: center;">GOD'S WORD</p> <p>John 1:1-5 John 14:6-7</p>

<p style="text-align: center;">INSECURITY</p> <p>Examples: inferiority, inadequacy, timidity, withdrawal, pleasing people/not God, lack of trust/worry, wrong relationships</p> <p>Lie: I am less than everyone around me.</p>	<p style="text-align: center;">SECURITY IN CHRIST</p> <p>Ephesians 2:10 Romans 8:38-39</p>
<p style="text-align: center;">REJECTION</p> <p>Examples: seeking acceptance, feeling unworthy, withdrawal, addictions, compulsions</p> <p>Lie: I am unlovable.</p>	<p style="text-align: center;">ACCEPTANCE</p> <p>Psalm 139:14 John 3:16</p>
<p style="text-align: center;">DECEIT</p> <p>Examples: lying, delusions, rationalizing, wrong doctrine, misuse of Scripture</p> <p>Lie: My actions are justified if it gets me what I need.</p>	<p style="text-align: center;">TRUTHFULNESS</p> <p>John 8:32 Psalm 23:1</p>
<p style="text-align: center;">FEAR</p> <p>Examples: phobias, compulsions, perfectionism, fear of failure</p> <p>Lie: Being afraid keeps me from harm.</p>	<p style="text-align: center;">TRUST IN GOD'S SOVEREIGNTY</p> <p>2 Chronicles 20:6 Matthew 10:29-31</p>
<p style="text-align: center;">PRIDE</p> <p>Examples: controlling, boasting, belittling, taking credit, selfishness, vanity</p> <p>Lie: I am where I am because of all that I have done.</p>	<p style="text-align: center;">HUMILITY</p> <p>Matthew 16:24</p>