



BIBLICAL COUNSELING MINISTRY

PERSONAL DATA INVENTORY

Please complete this inventory carefully

(Question marks have been omitted)

3015 MacGregor Way
Houston, TX 77004
Office (713) 524-6578

Personal Identification:

Name _____ Date of Birth _____

Address _____

Home Phone _____ Business Phone _____

Cellular Phone _____ Email Address _____

Age _____ Sex _____ Referred By _____

Marital Status:

Single _____ Engaged _____ Married _____ Separated _____ Divorced _____ Widowed _____

Education: (last year completed) _____

Employer _____

Position _____ Years Employed _____

In case of an emergency, please contact _____

Relationship _____ Contact Number _____

Marriage and Family:

Spouse _____ Date of Birth _____

Age _____ Occupation _____ How long employed _____

Date of Marriage _____ Length of Dating _____

Is your spouse willing to come for counseling _____ Is he/she in favor of your coming for counseling _____

Give brief statement of circumstances of meeting and dating _____

Have either of you been previously married _____ Did you file for divorce _____

Have you ever been separated _____

How many pregnancies have you had _____ How many live births _____



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Information about your children:

| Name | Age | Sex | Living (Y / N) | Yrs of Edu. | Step-child |
|------|-----|-----|----------------|-------------|------------|
| | | | | | |
| | | | | | |
| | | | | | |

Describe your relationship with your father _____

Describe your relationship with your mother _____

Number of siblings _____ Your sibling order _____

Do you live with anyone other than your parents _____

Are your parents living Yes No Do they live locally Yes No

Health:

Describe your health _____

Do you have any chronic conditions _____ Describe _____

List important illnesses/injuries/handicaps _____

Date of last medical exam _____ Report _____

Physician's name and address _____

Current medication(s) and dosage _____

Have you had any menstrual difficulties (for women only) _____ Describe _____

_____ Do you experience tension, headaches, crying, or other symptoms prior to after your menstrual cycle, please explain _____

Have you ever used drugs other than for medical purposes _____

If yes, please explain _____

Have you ever been arrested _____ If yes, explain _____

Do you drink alcoholic beverages _____ Type, frequency and how much _____

Do you drink coffee _____ How much _____

Other caffeine drinks _____ How much _____

Do you smoke _____ What _____ Frequency _____



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Have you ever had interpersonal problems on the job _____

Have you ever had a severe emotional breakdown, please explain _____

Have you ever seen a counselor or psychiatrist, please explain _____

Are you willing to sign a release of information so that your counselor may obtain social, mental health,
or medical records _____

Spiritual:

Denomination _____

Church attending _____

Church attendance per month (circle one) **0** **1** **2** **3** **4** **5** **6** **7** **8** **9+**

Do you believe in God _____ Do you pray _____

Would you say you are a Christian or still in the process of becoming a Christian _____

Have you been baptized _____ How often do you read the Bible _____

Explain any recent changes in your religious life _____

Religious background of spouse _____

Have you come to a place in your spiritual life where you can say that
you know for certain that if you were to die today you would go to **YES** **NO**
heaven _____ _____

What was the basis for answering the way you did _____



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Personality Information: Circle the following words which best describe you now.

| | | | | | | |
|--------|-------------|----------------|----------------|-------------|-------------|-----------|
| Active | Ambitious | Self-Confident | Persistent | Nervous | Hardworking | Impatient |
| Moody | Impulsive | Often-Blue | Excitable | Imaginative | Calm | Serious |
| Shy | Easy-Going | Good-Natured | Introvert | Extrovert | Likeable | Leader |
| Quiet | Hard-Boiled | Submissive | Self-Conscious | Lonely | Sensitive | Other |

| | | |
|--|-----------|----------|
| Have you ever felt people were watching you | YES _____ | NO _____ |
| Do people's faces ever seem distorted | YES _____ | NO _____ |
| Do you ever have difficulties distinguishing faces | YES _____ | NO _____ |
| Do colors ever seem too bright | YES _____ | NO _____ |
| Are you sometimes unable to judge distance | YES _____ | NO _____ |
| Have you ever heard voices | YES _____ | NO _____ |
| Do you ever see images or people | YES _____ | NO _____ |
| Do you have difficulties hearing | YES _____ | NO _____ |
| Do you have problems sleeping | YES _____ | NO _____ |
| How many hours of sleep do you get each night | YES _____ | NO _____ |

Personal Problem Checklist:

| | | | |
|----------------------|--|-------------------|---------------|
| Addiction (describe) | | | |
| | | Dominating | Loneliness |
| Anger | | Drunkenness | Lust |
| Anxiety | | Easily upset | Memory |
| Apathy | | Envy | Moodiness |
| Appetite | | Fear | Perfectionism |
| Bitterness | | Finances | Prideful |
| Changes in lifestyle | | Gluttony | Sex |
| Children | | Guilt | Rebellion |
| Communication | | Conflict (fights) | Health |
| Sleep | | Spousal Abuse | Homosexuality |
| Decision-making | | Impotence | Deception |
| Depression | | In-laws | Other |



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PRESENTING PROBLEM QUESTIONNAIRE:

BRIEFLY ANSWER THE FOLLOWING QUESTIONS:

1. What is the problem or concern that brings you here today?

2. What have you done about this problem?

3. What are your expectations from counseling?

4. Is there any other information we should know about?
