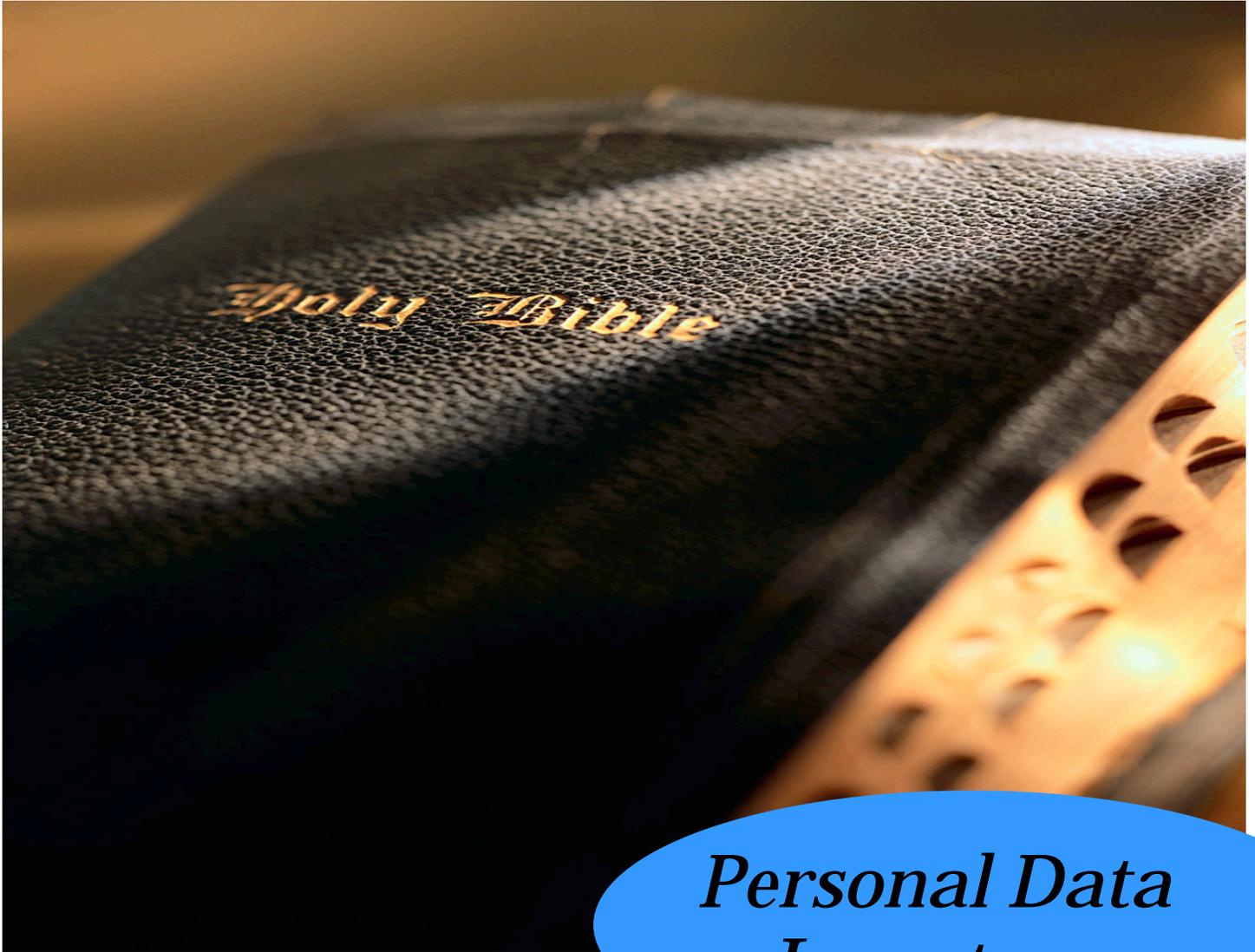


PRE-MARITAL COUNSELING



*Personal Data
Inventory*

***GOOD HOPE MISSIONARY BAPTIST
CHURCH***

DR. D. Z. COFIELD, SENIOR PASTOR

Objectives of Pre-marital Counseling

1. To train couples for marriage.
2. To teach God's purpose for marriage.
3. To teach each person the Biblical roles of wife and husband.
4. To teach the responsibilities of being a wife and husband.
5. To be sure they are getting married for the right reasons (real love).
6. To teach how to develop good communications with each other.
7. To teach family financial management.
8. To teach principles of child rearing.
9. To help them to establish their marriage on a foundation of a relationship with the Lord Jesus Christ (salvation and spiritual growth).
10. To teach the biblical view of sex in marriage.
11. To ascertain the couple's expectation of the marriage.
12. To ascertain the couple's knowledge and understanding of each other.
13. To show the couple the strengths and weaknesses of their relationship, therefore discuss possibilities of future problems in the marriage and how to resolve problems if possible.
14. To teach them how to further develop and express love to each other.
15. To help them plan and establish a Christian family based on Biblical principles.
16. To help them to establish good worship and devotional practices as a family.

PREMARITAL COUNSELING

COUNSELING REGISTRATION AND COMMITMENT

1. NAME _____ PHONE _____ DATE _____

2. ADDRESS _____ BUSINESS PHONE _____

3. SEX ___ BIRTH DATE _____ AGE _____

4. STATUS: (Check all that apply to your situation)

____ Never Married

____ Divorced

____ Separated

____ Living with fiancé

____ Married

____ Going Steady/Dating

____ Engaged

____ Widowed

5. Your fiancé (e)'s Full Name _____ Age _____

6. How soon do you plan to marry? _____

7. Have you ever practiced or participated in homosexual or bisexual relations? Yes ___ No ___

8. Why are you getting married? _____

9. What are the reasons you want pre-marital counseling?

a. _____

b. _____

c. _____

10. We will need 11 to 14 counseling sessions, or more. Are you willing to make time to complete the counseling? Yes _____ No _____ if no, Explain _____

11. You will be given assignments which consist of reading, studying, giving information, and honest discussions. Are you committed to doing this? Yes _____ No _____ if no, explain. _____

12. Do you understand that your choice of a marriage spouse will determine the success of your marriage and, at that, pre-marriage counseling is only an aide, but not a guarantee of success? _____
13. You will have to pay for books, booklets, and materials used in counseling.

PREMARITAL DATA QUESTIONNAIRE

Name _____

Date _____

Note: (Please Print)

This questionnaire is to be answered individually and honestly. All information is strictly confidential. Please read all questions carefully, as some contain two or more parts.

DATING DATA

1. How soon do you plan to marry? _____

2. When did you first meet one another? _____

Where? _____

3. How did you meet? _____

4. How long have you known each other? _____

5. How long have you dated? _____

6. How long have you been discussing marriage? _____

7. How long have you been officially engaged? _____

8. Have you been engaged before? _____ if yes, how many times? _____, and what was the outcome of the relationship(s) _____

9. Were you going steady with anyone within six (6) months before you started going steady with your fiancé? Explain _____

10. Have you and your fiancé ever broken up? If yes, for what reason? _____

11. Why do you think this is the right time to get married? _____

12. Do your parents approve or disapprove of your marriage? Explain _____

13. Define what you mean when you say you love your fiancé. _____

14. Why are you getting married? Be Specific. _____

15. What do you expect to get out of this marriage? _____

16. What do you expect to give in the marriage?

a. _____

b. _____

c. _____

d. _____

17. What will be the advantages of you getting married rather than being single? _____

18. What are some of the conflicts you have with your fiancé?

a. _____

b. _____

c. _____

19. What has been the most serious problem in your relationship? If it has been solved how?

20. What has been the worst disappointment you have experienced in the relationship so far?

HEALTH DATA

1. Rate your health (check): Very Good__ Good__ Average__ Declining__

2. List all present or past illnesses, injuries, or handicaps: _____

3. Date of last medical examination _____

Results_____

4. Are you presently taking medication? ____ If yes, what? _____

and for what health condition?_____

5. Are you using or have been using such drugs as marijuana, cocaine, heroin, or others? _____

If yes, Explain _____

6. Do you know if you can not give birth to children? (Females) Explain _____

7. Who is your doctor? Name_____ Phone_____

8. Have you ever had any counseling or psychotherapy before? ____ If yes, what was the

problem?_____

List counselor or therapist and dates: _____

PERSONAL DATA

1. Are you a parent of children from a previous relationship? _____

2. Have you ever been arrested? ____ If yes, what were the charges or circumstances? _____

3. What is your life's ambition? _____

4. What is the worst thing that ever happened to you? _____

5. Do you have any type of venereal disease? If yes, explain. _____

6. Do you have any fears of concerns about having sex? _____

7. Have you experienced: Incest____ Homosexual/Lesbian____ Molested____ Raped____
Indecent Exposure____ Pornography____ Masturbation____
8. What areas do you have questions concerning sex? _____
9. Are you a virgin? ____ If no, do you have any guilt about your past sexual experience? ____
If yes, Explain _____
10. Does your fiancé know that you're not a virgin? _____
11. In what way do you think your sexual experiences will affect your marriage?

12. What are your views about abortion? _____

13. Are you experiencing sexual temptation for your fiancé? Explain _____

EDUCATION AND OCCUPATION

1. Education (last year completed): _____ (grade) _____

Degree and Major: _____

Other training and year completed: _____

2. Do you have any future educational plans? Explain. _____

OCCUPATION

1. Are you employed? _____ If yes, full or part-time? _____

2. What type of work do you do on this job? _____

3. If unemployed, how long? _____ How much time have you been spending in trying to obtain a job weekly? _____

What are your occupations or trades?

a. _____

b. _____

c. _____

4. Have you ever been asked to leave a job? _____ If so, for what reason? _____

5. Where do you presently work? How long have you been employed there? How do you like it? _____

6. What is your current salary? _____

7. What are your future occupational plans? _____

8. If you are a women who works, do you intend to work after marriage? _____

Explain. _____

9. What do you intend to achieve in the next 10 years in your occupation? _____

10. In any way do you foresee your career affecting your marriage in a negative way? If so, how?

RELIGIOUS AND SPIRITIAL DATA

1. Denominational or religious preference: _____

2. Church attendance per month (circle): 0 1 2 3 4 5 6 7 8 9 10 or more

3. Church attended in childhood? _____

4. Do you consider yourself a religious person? Yes _____ No _____ Uncertain _____

5. Do you believe in God? Yes _____ No _____ Uncertain _____

6. Do you pray to God? Never _____ Occasionally _____ Often _____

7. Are you saved? Yes _____ No _____ not sure what you mean _____

If yes when _____

8. How frequently do you read the Bible? Never _____ Occasionally _____ Often _____

9. What one word would best describe your overall spiritual life? Your present spiritual experience. _____

10. How would you describe your spiritual growth during the past year? _____

11. List any Bible instruction you have received?

a. _____

d. _____

b. _____

e. _____

c. _____

f. _____

12. Name of Church _____

Address _____

Name of Pastor _____

13. Specifically describe your involvement in your church, if any. _____

14. Are your parents Christians? _____ Explain. _____

15. How would you describe your parents' spiritual lives while you were growing up?

PERSONAL DATA

1. How would you describe your personality? _____

2. How do you react when you are angry? _____

3. What are some of your past and present fears? _____

4. Do you ever worry? _____ If yes, please explain. _____

5. Have you ever had hallucinations? _____ If yes, please explain. _____

6. Do you have problems sleeping? _____ If yes, please explain. _____

7. What is the most difficult thing you had to forgive someone else for? _____

8. What do you like most about yourself? _____

9. What do dislike most about yourself? _____

10. What do you like most about your fiancé? _____

11. What do you like least about your fiancé? _____

12. Check the words that best describes you?

Ambitious____ Self Confident____ Persistent____ Nervous____ Hardworking____

Impatient____ Impulsive____ Moody____ Often Blue____ Excitable____ Calm____

Serious____ Easy-Going____ Shy____ Good Natured____ Introvert____ Extrovert____

Likeable____ Leader____ Helper of Others____ Hard____ Flexible____ Submissive____

Self-Conscious____ Sensitive____ Add your own_____

13. How has knowing your fiancé changed your life? _____

14. Is there anything else you wish to add that would enable us to better know you? _____

PREMARITAL COUNSELING
REASON FOR CHOOSING MY MATE

NAME _____ DATE _____

List seven qualities you had in mind, that would be desirable, in the person you would choose to marry.

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.

List ten reasons which led to your decision to marry your fiancé. (These may include attitudes, personality, traits, physical attractions, etc.)

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.

List your personal specific goals for your marriage. These should include more than broad goals such as, "To have a marriage that honors the Lord." The idea is to think through the smaller nitty-gritty goals that make such a broad goal possible. (Use back of sheet if necessary)

- 1.
- 2.
- 3.
- 4.
- 5.

List at least five contributions that you bring to this marriage that will help to make it work (gifts, skills, character traits, experience, etc.).

- 1.
- 2.
- 3.
- 4.
- 5.