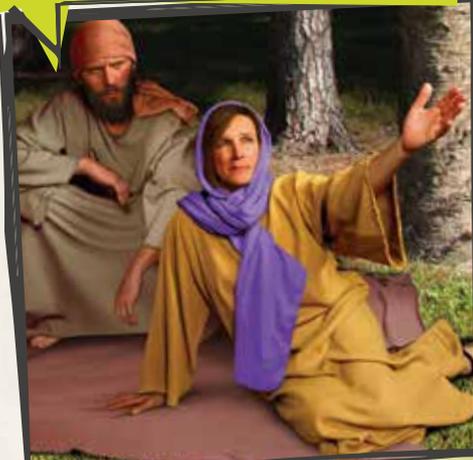


**LEVEL OF BIBLICAL LEARNING:**  
*I am responsible for my choices.*

## KIDS



## DEBORAH

The Israelites disobeyed God, so God allowed Jabin, the king of Canaan, to rule over them. The Israelite army was no match for King Jabin's 900 iron chariots and Sisera (SIS uh ruh), the commander of Jabin's army. For 20 years Jabin treated the Israelites badly. Finally, the people of Israel turned back to God and cried to Him for help.

Deborah was a judge of the Israelites. She helped the people understand God's laws. Each day, Deborah sat under a palm tree. The people came to her. She decided what was right or wrong for them to do.

One day, Deborah sent for Barak (BAR ek) and said, "God commands you to take 10,000 men and march to Mount Tabor. God will cause Sisera and his soldiers to come there, and then God will give you the victory."

Barak answered, "If you go with me, I will go; but if you don't go with me, I will not go." Deborah agreed to go with Barak, but she told Barak that if she did, then a woman would get the credit for the victory.

Barak's troops marched up Mount Tabor. When Sisera heard that Barak and his men were on top of the mountain, Sisera called for 900 chariots to go there. Deborah encouraged Barak to go down the mountain to meet Sisera and his troops. She reminded him that God had promised him the victory.

As Barak and his 10,000 soldiers came down the mountain, God caused Sisera and his army to become totally confused. The Israelites were able to defeat the whole army. That day, God helped the Israelites defeat King Jabin and his army.

—based on Judges 4

**LIVE IT OUT:** Talk with your child about some choices he has made lately. How do these choices match up with what God wants us to do? Remind your child that God always forgives wrong choices when we ask Him for forgiveness.

### DAILY BIBLE READING:

- Sunday: Psalm 25:10
- Monday: 1 John 3:16
- Tuesday: Jude 1:21
- Wednesday: 1 Chronicles 16:29
- Thursday: 1 John 4:2-3
- Friday: Romans 8:1
- Saturday: Psalm 37:3

### BIBLE VERSE

Proverbs 3:5-6

**TAKE IT FURTHER:**  
Check out the "Deborah" section of the Worship for Life: Kids Family App.

