GOOD HOPE MISSIONARY BAPTIST CHURCH
presents

BREAST CANCER
Awareness Month

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October is Breast Cancer Awareness Month

October is Breast Cancer Awareness Month—a time to raise awareness, encourage early detection, offer support, and remind one another that no one should face breast cancer alone.

This year's theme: **"Every Story is Unique, Every Journey Matters"** recognizes that every experience of breast cancer is different. Behind every diagnosis is a person, a family and a unique journey. People may face different challenges depending on their diagnosis, treatment, support networks and access to care. Awareness Can Save Lives!

For over 40 years, Breast Cancer Awareness Month has served as an important annual reminder that awareness can lead to action—and action can save lives. Since the first Breast Cancer Awareness Month in 1985, breast cancer death rates in the United States have dropped by **44 percent**. This progress reflects the impact of greater awareness, increased early detection, and significant advancements in treatment.

These efforts demonstrate something powerful: **when we raise awareness, we can save lives.**

Breast Cancer Awareness Month is more than a symbolic observance marked by pink ribbons. It is an annual, coordinated effort to educate, engage, and encourage action on behalf of those facing breast cancer today—and those who may face it in the future.

Breast Cancer Doesn't Wait

Breast cancer is the most common cancer among American women, except for skin cancers. And while October gives us a special opportunity to focus our attention on breast cancer, the need for awareness exists throughout the year.

Awareness Leads to Action

Awareness is the first step toward meaningful action. Knowing the risk factors, understanding the importance of screening, paying attention to changes in your body, and talking with a healthcare professional about appropriate screening can all play an important role in protecting your health.

We Can Be a Source of Hope

At Good Hope Missionary Baptist Church, we understand the power of community, compassion, prayer, and support. When someone is facing breast cancer, she needs more than medical treatment. She may need encouragement on difficult days, a listening ear, practical assistance, a prayer partner, or simply the reassurance that she is not walking this journey alone.

Our response should be one of love and compassion. This October, let us do more than wear pink. **Let us become informed. Let us encourage one another. Let us support those who are facing breast cancer. Let us pray. And let us take action.**

Because breast cancer doesn't wait—and neither should we. **Awareness can save lives. Hope can strengthen hearts. And together, we can make a difference.**

Join us for a special TRU Youth Faith & Family Fellowship at The Ensemble Theatre for A Motown Christmas: A Musical Revue!

Come enjoy an evening filled with the soulful sounds of Motown, Christmas classics, and plenty of holiday cheer as we fellowship together as a church family.

Saturday, November 14, 2026 at 7:00 PM
The Ensemble Theatre
3535 Main Street, Houston, TX 77002
Adults: $40 | Youth: $20

This festive production blends traditional Christmas music with the sounds made famous by Motown legends, making it a wonderful outing for youth, parents, grandparents, and the entire family.

Space is limited, so register early. Scan the QR code on the flyer for registration and additional information.

We look forward to sharing an evening of faith, family, fellowship, and holiday fun with you!

Super Senior Salute to Sis. Rose Mary McGowan

As a multigenerational church, we are intentional about bringing different generations together as we take hope to the world. We are honored to be able to salute and highlight our Super Seniors each month as we thank them for continuing to play such an integral role as part of our discipleship culture.

This month, we salute Sis. Rose Mary McGowan, who joined Good Hope as a preteen in 1943, and has been a faithful and active member for 83 years! It's hard to imagine when you see her youthful spirit, (especially when line dancing), but Sis. McGowan is one of our most cherished nonagenarian (90+ year old) members.

Sis. Rose Mary McGowan has earned the trust and respect of our church family through singing in the choir, her decades-long service in the Hand Bell Choir, and as an active member of the Senior Adult Ministry and Women's Ministry. She has engaged in Good Hope's discipleship culture since its inception, and has participated in the Rooted, Purpose Driven Life and Experiencing God L.Y.F.E. Groups.

As a disciple who makes disciples, Sis. McGowan's reach extends beyond Good Hope and into the community as she has provided leadership and mentorship for both Top Ladies of Distinction/Top Teens and Delta Sigma Theta Sorority, Inc. One of her recent honors was being awarded "The Face of Fortitude Award" in 2021 by the members of the North Harris County Alumnae Chapter of Delta Sigma Theta Sorority, Inc. The Face of Fortitude is the face of service and philanthropy!

Sis. McGowan is a Golden Life member of Delta Sigma Theta Sorority, Inc. Other life memberships include Prairie View Alumni Association, Y.W.C.A, National Council of Negro Women and the N.A.A.C.P.

Sis. Rose Mary McGowan is the sister of our beloved member, Congresswoman Barbara Jordan, who was a politician, attorney and educator. Barbara Jordan was the first African American elected to the Texas Senate since Reconstruction, and was also a member of the U.S. House of Representatives from Texas's 18th Congressional District. Sis. McGowan's outstanding leadership and support of the National Council of Negro Women (NCNW), Barbara Jordan Section, established in honor of her dearly beloved sister, has helped advance a legacy of advocacy, empowerment, and community engagement that has touched the lives of youth, adults, and families throughout our community.

A strong advocate for education, Sis. Rose Mary McGowan graduated from Phillis Wheatley High School, and received a Bachelor of Arts in Music from Prairie View A & M University, a Masters of Education from Texas Southern University, and additional graduate studies at San Francisco State University and the University of Houston.

She is the widow of John Wesley McGowan, her spouse of 39 years.

Sis. Rose Mary McGowan is extremely proud of three honors: (1) Her 2002 award from Good Hope Missionary Baptist Church in recognition of on-going service to the Kingdom of God, (2) Being selected in 1988 as a "Delta Diamond" at the National Delta Sigma Theta Convention in San Francisco for "Exemplary Public Service Involvement, and (3) Being selected as "Top Lady of the Year" at the 1985 national meeting of Top Ladies of Distinction Inc.

Sis. Rose Mary's McGowan's steadfast support of Top Teen scholarships is a true reflection of her generosity and commitment. Thanks to Sis. Rose Mary McGowan, countless Top Teens have been afforded the opportunity to pursue higher education and achieve their collegiate dreams. Her investment in supporting today's youth continues to create a lasting legacy that will impact generations to come. Her unwavering commitment to serving the community is reflected in the many ways she gives of her time, talents, and resources. Whether mentoring youth at Good Hope and in the community, supporting civic initiatives, or uplifting those in need, Sis. Rose Mary McGowan's servant leadership has made a lasting impact across countless lives.

Thank you, Sis. Rose Mary McGowan, for your ongoing service to the Kingdom of God as a disciple who makes disciples! Your remarkable service and your enduring leadership have created a legacy that continues to inspire us all.

Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit. Matthew 29:19 (ESV)

Good Hope is taking HOPE to the world! This October, Pastor Cofield and a mission team will travel to the West African Theological Seminary (WATS) in Lagos, Nigeria to equip leaders in disciple making and bless the campus, hospital, and surrounding community with hands on support and much needed supplies.

You can help us make a meaningful impact. Visit the WATS Amazon Wish List today and donate items that will directly serve their hospital, homes, and schools.

Thank you for your commitment as we continue BEING CHURCH, one disciple at a time.

Be Intentional

How often do we move through our day simply reacting to whatever comes our way? We have schedules to keep, responsibilities to manage, and places to be. Yet, as followers of Christ, we are called to live with purpose - not simply go through the motions.

Paul reminds us, “Whatever you do, do it all for the glory of God” (1 Corinthians 10:31). Living intentionally means choosing to make God a part of our everyday decisions, interactions, and opportunities.

Being intentional doesn't always mean doing something big. Sometimes it looks like checking on a friend, encouraging someone who is struggling, praying for someone, serving when there is a need, listening when someone needs to be heard, or sharing what God has done in your life. These ordinary moments can become opportunities for God to work through us.

Rooted & Grounded reminds us that discipleship is not simply about what we learn; it is about how we live. As we grow in our relationship with God, we should become more aware of the opportunities He places before us. When we are intentional about being available to God, we begin to notice people, situations, and opportunities we might otherwise overlook.

What if we began each day with a simple prayer: “Lord, show me where You want to use me today.” Then, instead of waiting for an obvious opportunity, we intentionally look for ways to reflect Christ wherever we are.

Where might God be inviting you to be intentional today?

TRU Youth Faith, Family & Football

Join TRU Youth Ministry for an afternoon of faith, family, friends, fellowship, and football as we cheer on Alabama State University vs. Texas Southern University!

Saturday, November 7, 2026

Game Time: 2:00 PM

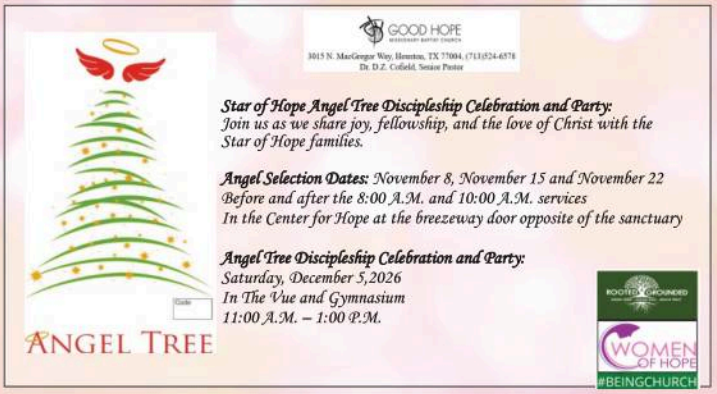
Location: Aldine Thorne Stadium

1865 Aldine Bender Rd, Houston, TX 77032

Cost: $10.00 per person

This outing is an opportunity for youth, families, and friends from inside and outside the church to enjoy Christian fellowship together in a fun and welcoming environment. Save the date and invite a friend!

Angel Tree Discipleship



Last Christmas, the Women of Hope Angel Tree brought joy to families at The Star of Hope. This year we are doing it again, and we need you.

Every angel on the tree is a child in our community.

Choose an angel, and you give that child a Christmas gift and a glimpse of the love of Christ.

Pick your angel at the Center for Hope on Sunday, November 8, 15, 22, or 29. Then wrap the gift and return it to the Center for Hope by November 29.

Want to give or volunteer? Visit goodhope.org and click Angel Tree. Then join us Saturday, December 5, for the Angel Tree Discipleship Party,
as our families receive their gifts, hear the Word, and celebrate together.

Good Hope, let's fill that tree. Choose your angel today.